



## Community Support Nights Closure: A Year in Review

In this session, end-of-year affirmations and reflections may take many forms. This session offers more than one format. They may also be used at other times in the year.

### A. Give and Take:

Consider the members of your household community. What gift or attribute of each person do you want to “take” with you when the year ends? Think of your own gifts and attributes. What would you like to “give” to each person? Go around in a circle and share this with each person.

(For example: At Bruno’s turn to speak, he says, “Buffy, I take from you your friendships with your clients, who were never just clients to you; I give you my patience to continue to work for structural change.” Bruno continues around the circle until he has spoken to everyone.)

Consider other people you have come to know this year. Are there elements of this give and take you would like to share with them?

### B. End of year review:

1) The facilitator leads the group in a ‘look back’ visualization exercise, working backward from the present evening through the year. The narrative can highlight holidays, gatherings, and significant events, and can remind the JVs of their growing mastery of work and community life, working backward to the uncertainty as the year began, even including the anticipation as the group left their previous homes and departed for orientation.

2) Each member of the group divides a sheet of paper in two. On the top half, they write an aspect of the year they want to continue to incorporate into their life in the future, or something they learned this year. Advise that this can be shared this evening. On the bottom half, they write something they wish to leave behind, or not repeat. This may be a choice they don’t feel good about, etc. This is not to be shared.

3) The bottom half of the page is then burned or shredded, and the content from the top half is shared aloud with the group.