



Community and Social Justice Support Nights Gender

Gender is one of the most powerful dimensions of identity, and often the first question we ask about a new life – boy or girl? With our existence in society comes societal roles and expectations, frequently based on our gender. This session will explore a little bit of our embodied experience.

Process:

Discuss one or more of the following questions. Allow for a few moments to reflect on the questions before sharing. Journaling in silence may facilitate this. Let each person answer without interruption before opening the topic(s) to general discussion.

- ☉Have you experienced expectations that you will fill a certain role solely because of your gender? What were the circumstances?
- ☉How do gender differences or similarities influence you as a community? How are the differences manifested (e.g. different styles of communication, different preferences for community activities, etc.)?
- ☉In what other contexts have you experienced differences, diminished or inflated expectations, or conflicts based on gender (e.g. family, church, school, contemporary society, etc.)?
- ☉What do you most like about being a woman or man? What do you find most constraining?