



SESSION J Simplicity

Rationale/Goal:

As a JV, one chooses to live a simple life by limiting money and access to material possessions. JV's are also encouraged to evaluate their priorities when it comes to balancing time commitments. By making difficult decisions about what to buy and how to spend time, one is able to determine what are the most important aspects of their lives.

Opening Prayer:

Luke 12:13-34

Questions:

A) Use of Money

1. What do you wish you could afford to buy? Why is that important to you?
2. Name a specific example when choosing to live by your stipend has caused you to choose between wants and needs

B) Use of Material Objects

1. What possession do you miss the most? Why?
2. What has been the hardest change to your lifestyle this year regarding money and possessions?
Easiest?
3. What changes can you commit to for a future when you are not so limited by monetary concerns?

C) Use of Time

1. Since you have started JVC do you have more or less 'free time'? Do you give yourself wholeheartedly to a few activities? Do you give yourself half heartedly to many activities?
2. When was the last time that you sat back, relaxed, and let yourself "Just Be"

D) Live Simply So Others may Simply Live

1. Name a specific way that you choosing to live simply has directly benefited society. (ie: recycling keeps trash out of landfills, boycotting Taco Bell in support of tomato pickers)

Closing Prayer:

Let us pray for the gift of simplicity of life together this year. Let us pray that in letting go of needless possessions, we may be more open to the beauties of one another, the people we are working with, and the world around us. In simplicity, may we discover the richness of our unique gifts and talents, and thus, the richness of the gifts of God in our lives.