



Simple Living Support Nights Using Money, Time, and Resources

Simple Living and Social Justice – use of money and resources

- Community and personal spending decisions bring together the concepts of Simple Living and Social Justice. Gandhi said, “Live simply, that others may simply live.”
- How does this community define Simple Living when it comes to spending? There may be some assumption about a ‘dividing line’ between a ‘simple’ way of life and not. Or, JVs may have ideas about certain products or stores being Simple or not. There is often great variety among viewpoints on this.
- There may be an additional dimension of variance among beliefs on resource use. Does the community recycle? Buy organic products in consideration of farm workers’ exposure to pesticides? How are decisions made about resource use in this casa?

Simple Living and Spirituality – spending time

- Consuming less, and having fewer material resources, often makes room for greater creativity or mindfulness in how time is spent.
- How do individuals find time is spent differently this year?
- How does the community spend time in ways that are “Simple” or intentional?
- What space has opened up, and what does that lead to? Does it get filled? How?
- If a car is not being used, how does that change one’s experience?

The Internal Shift

- Is there a difference between living cheaply, and Living Simply?
- How do the concepts of scarcity and abundance relate to Living Simply?

Looking ahead

- How do I personally want to spend my time, money, and resources?
- How do we as a community want to focus our time, money, and resources?