



ORIENTATION PREPARATION

PACKING LIST FOR YOUR TERM OF SERVICE (Domestic Service)

Are you excited to head to your city of service? Are you looking forward to forming relationships while living in community? Fantastic. By entering the Jesuit Volunteer Corps, you are committing to a simple lifestyle and to being present for others. Material things can sometimes cloud that commitment.

We invite you to use our resource “Packing Intentionally for JVC” to help with your decision-making while packing for your term of service. **DO NOT ship additional items before you arrive in your city of service.** Below is a list of recommended items to pack for your year:

Don't Forget!

- Prescription Medications
- Health insurance cards
- Form of identification
- Journal
- Travel mug and/or water bottle; a backpack/small duffel bag; watch or alarm clock, sleeping bag and pillow for weekend/retreat travel.
- Musical instrument, if you play one

Clothing and Shoes

- **T-Shirt from your alma mater**, we'll be taking photos at Orientation!
- **Work clothes (enough for 10 days):** It would be helpful to check in with your supervisor over the summer about appropriate work attire.
- **Casual clothing** (enough for 10 days) and footwear suitable for different types of weather, e.g. rain jacket and sweatshirts
- **One nice/formal outfit to wear during Orientation** and for various events you will attend throughout the year.

Toiletries

- **Toiletries (one month's supply):** Note that the bathrooms at Orientation and future retreats will likely be common/shared bathrooms.
- **Menstrual Products:** In an effort to promote greater equity within the organization, Jesuit Volunteer Corps is thrilled to offer free menstrual products (we currently offer: pads, tampons non-applicator, tampons with applicator) to all our JVs and staff through a partnership with Aunt Flow, thus reducing the need for our menstruating volunteers to spend 20% or more of their monthly stipends on these essential products. Please leave room to pack these items in your Orientation bags.

Household Items

JV houses are fully furnished homes and will already contain things like books, games, cookware, etc. Please be mindful of the climate in the city you are serving during your term of service. If you are heading somewhere warmer or colder than you are accustomed, prepare accordingly. Once you arrive in your service city, you can have friends or family ship additional items to you if deem this necessary.

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