



***YOUR PODCAST JOURNAL***



### About the pod

**Broken Open, a limited series podcast by the Jesuit Volunteer Corps where we speak with members of our community on how they've navigated spirituality, simple living, community, and social justice during the COVID-19 pandemic.**

### About the Jesuit Volunteer Corps

**Jesuit Volunteer Corps matches young leaders in roles providing vital service for 1-2 years with an organization serving people in need in the U.S. or internationally. Jesuit Volunteers live in intentional community with other volunteers, build deep relationships, and gain valuable professional experience while fostering personal growth as leaders committed to faith in action.**

**You can learn more about JVC by going to [jesuitvolunteers.org](https://jesuitvolunteers.org) or finding us on Instagram, Twitter, Facebook, or LinkedIn. You can donate to JVC by heading to [jesuitvolunteers.org/donate](https://jesuitvolunteers.org/donate)**



## Show Notes

**Broken Open was produced, written, edited, and hosted by Emily with supervision from Dominique Troy. Graphics by Ethix Merch and original music by Casa Lilian Santiago: Jack Broderick, Roisin Goebelbecker, Jackie Kirsch, Liam O'Toole, Sydney Theis, and Giselle Tolentino.**



**EPIISODE #1**

**DATE**

**A few things that stood out**

**What does my faith say about the topics mentioned?**





**EPISODE #1**

**DATE**

**How do you currently interact with young learners? How do you hope this shifts?**

**What do you hope the future generation can create?**



**EPISODE #2**

**DATE**

**A few things that stood out**

**What does my faith say about the topics mentioned?**



**EPIISODE #2**

**DATE**

**What does your self-care plan include?**

**What is your relationship to grief?**



**EPISODE #3**

**DATE**

**A few things that stood out**

**What does my faith say about the topics mentioned?**



**EPIISODE #3**

**DATE**

**How are you supporting any birthing people in your life or extended network?**

**What are the values your community (or network) work to uphold together?**





**EPISODE #4**

**DATE**

**A few things that stood out**

**What does my faith say about the topics mentioned?**



**EPISODE #4**

**DATE**

**What is your relationship to local Black farmers or growers in your community?**

**What community organizing efforts lead by Black, Indigenous, People of Color are you supporting right now?**





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**OPEN**  
A JVC PODCAST



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